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Mask Break Protocol

- Mask breaks may be offered at the beginning of each class.
- Students should be instructed to inform the teacher if they are feeling ill (headache, dizziness, nausea) due to wearing the mask for an extended time period and they may remove their masks.
- Any time a mask break is taken, **all students must remain at least 6 feet apart.**
- Students should be reminded to remove masks using ear loops after washing hands or applying hand sanitizer.
- When possible, mask breaks should be taken outdoors.
 - Masks should remain on until students are outdoors and in designated spaces.
 - Masks should not be discarded onto ground or thrown into a pile.
 - Options include: clipping masks to lanyards; folding the mask in half and sliding ear loops onto arm; labeled bags or containers if available to bring outdoors.
- If the mask break occurs indoors, limit the duration to less than 10 minutes at a time.
 - When not being worn, they should be placed on the student's desk on a paper towel, or placed in a clean storage container, such as:
 - Plastic baggie, small paper bag, plastic container.
 - Students should remain in their own space, and refrain from talking.
 - Provide an activity to promote this, such as playing a video, read to self time, coloring, etc.
- If a student's mask becomes wet or soiled, a replacement mask should be given, and the student's mask should be placed in a bag and put in their backpack.
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- Students should be provided regular reminders to not touch the front of their masks.
- Remind students when reapplying masks, their masks must cover their mouth and nose