

# FREE MEALS



for kids 18 and under!

OPEN TO THE PUBLIC



YMCA Southcoast & the Marion Institute are offering fresh, ready-made meals for your child(ren) to just heat up! These freshly prepared meals will offer a variety of culturally relevant and nutritious options. Free to all in need.

**WHAT** Tuesday Box: 3 days of free breakfast and lunch meals  
Friday Box: 4 days of free breakfast and lunch meals

**WHO** No paperwork or registration required!  
The child does not have to be present for pickup  
Come on foot or by car

**WHEN** Tuesdays & Fridays:  
Gleason Family YMCA  
33 Charge Pond Road, Wareham MA  
3:30-5:30pm

Brandy Hill Apartments  
12 State Street, Wareham MA  
12:00-2:00pm

FIRST COME, FIRST SERVED



[ymcasc.org](http://ymcasc.org)