FREE BREAKFAST
FOR ALL STUDENTS, EVERY DAY!

Did you know that your school offers all students a free breakfast each day? Help make sure students are ready to learn by starting the day with school breakfast!

**Why eat School Breakfast?**

- **Increased Productivity**
  - School breakfast is linked to better attendance rates, improved behavior, decreased tardiness and better memory and comprehension.

- **Better Health**
  - School breakfast can help protect against obesity and other negative health outcomes. It can also stop hunger-related stomach aches and headaches.

- **Easier Mornings**
  - Eating free school breakfast helps save money and gives families one less thing to worry about in the morning.

CONTACT YOUR SCHOOL FOR MORE INFORMATION.

you would like additional assistance finding food resources, please contact Project Bread's FoodSource Hotline at 1-800-645-8333.

FREE LUNCH
FOR ALL STUDENTS, EVERY DAY!

Wareham Public Schools offers all students a free lunch each day. Encourage students to eat a delicious and healthy lunch every day!

**Why eat a free school lunch?**

- **Academic performance**
  - School lunch is linked to better memory skills, comprehension, and attendance rates.

- **Easier Day**
  - Eating a free school lunch helps families save money and they have one less thing to worry about when planning for the day!