

## DESE and WGBH Partnership for Educational Resources

Well, we've gotten a few peeks at the sun in Massachusetts this week! Hopefully the trend will continue, and it will really start to feel like spring soon. With that in mind, and with the desire to make sure that at-home learners are balancing screen time with other activities, we're bringing you ideas for backyard and neighborhood learning that have a blend of outdoor, hands-on, and digital activities. Of course when sharing these with families **you'll want to remind them that, for now, they should practice safe physical distancing when outside.**

**We also have a request for you.** What are you teaching in the next four weeks? What topics or other content would you like to see? We're looking for ideas for our educational broadcasting on television, and what we should be highlighting in these newsletters. Send your thoughts to [education@wgbh.org](mailto:education@wgbh.org).

### Backyard and Neighborhood Learning

[Biodiversity Bingo](#)

[Build an outdoor Teddy Bear shelter](#)

[Nature Crafts](#)

[Explore What Happens After it Rains](#)

[Outdoor Family Fun App](#)

[Seedblaster: Explore How Seeds Travel](#)

[Citizen Science: Counting Birds](#)



### Webinars: Register Now

Get more information about our [current webinar offerings](#) to help you with distance learning, with links to register. We've got webinars on our interactive lessons, getting up to speed using [PBS LearningMedia](#), and our special [Educational Broadcast](#) programming.

[Visit Our Webinar Listings](#)

### Share with Families

We read some great tips this week on the [Boston Mamas blog](#) for families that are feeling overwhelmed. Here are a few of our favorites. [Visit the blog](#) to see the rest, and share them with families:

**LOWER YOUR EXPECTATIONS. NOW LOWER THEM SOME MORE.**

If a lot of structure works well for your family, then do that. If imposing a lot of structure is going to cause a lot of blow ups in your household right now... skip it. Do. What. Works.

## **DESE and WGBH Partnership for Educational Resources**

### **REPEAT AFTER ME: THIS. IS. TEMPORARY.**

No, we don't know how long it will last. Yes, it's hard to know what day it is. But it's temporary. It is helpful to remind ourselves that during moments of feeling overwhelmed.

### **THANK YOU. PLEASE. I'M SORRY**

Gratitude buoys our resilience. We are all experiencing moments of grief, irritability, or frustration. Saying the words to the people we live and interact with helps.

---